

Creating a Healthier Tomorrow



Envision a different life—a life absent the daily struggles of a chronic condition, such as high blood pressure or diabetes.

Dedicated care teams could work effectively and seamlessly with their patients in an unhindered, complex system without soaring healthcare costs and achieve excellent health outcomes. Healthcare quality could be drastically improved by preventing problems before they even begin, lowering the need for expensive medical tests, treatments, and procedures. Health equity would be achieved, and every person would have the opportunity to attain their full health potential.

Patients, physicians, systems, and payers could align their goals and embrace a value-based care model, reduce disparities in outcomes, address inequities through identifying the social drivers of health, and promote equitable access among patient populations, improving healthcare quality for all.

Since 1964, AMGA Foundation has had the foresight to imagine a better future and the resources to make it a reality.

We are uniquely positioned to drive a new vision of healthcare by leveraging our:

- **Reach:** AMGA's network includes more than 400 medical groups and integrated health systems and 175,000 physicians working as one voice, and together caring for one out of every three Americans.
- **Credibility:** AMGA member groups lead the way in quality initiatives, integrated care teams, value-based payment models, the Quadruple Aim, and more.
- **Impact:** By applying our proven collaborative model, AMGA Foundation programs deliver tangible and transformative results in prevention, treatment, and care.

AMGA Foundation is at the nexus of medical groups, integrated health systems, physicians, industry partners, and patients tackling the nation's most pressing public health challenges.

Together, we are changing the trajectory of healthcare, focusing on preventative care, early detection of disease, and lessening chronic conditions.

The Foundation provides members with the tools to assist in addressing health equity and the social drivers of health and improving the value of healthcare for millions of patients.



Our Challenge: Preventing and Treating the Burden of Chronic Disease

The United States healthcare system is one of the most complex systems in the world. As a result, the system faces challenges to providing the best care possible to patients.

The number one issue in healthcare today is **access and affordability**—half of U.S. adults struggle to afford healthcare. These high costs often cause patients to postpone seeking needed care, which can lead to worsened patient experiences and outcomes.

Chronic diseases—including, cancer, diabetes, hypertension, stroke, heart disease, respiratory diseases, arthritis, obesity, and oral diseases—can lead to hospitalization, long-term disability, reduced quality of life, and death. In fact, persistent conditions are the nation's leading cause of death and disability.

And even when those patients seek out care for their conditions, a lack of standardization in care often puts patients at risk. Consistency across clinical sites offers advantages to an organization: It provides guidance during emerging health threats, facilitates the training and cross coverage of staff, allows for a more predictable patient experience, and can promote the wider adoption of efficient workflows. Standardization minimizes the risk of errors through predictability and increases patient safety and medical efficiency.

Additionally, the healthcare workforce faces understaffing and underfunding, creating a vicious, unsustainable cycle of overworked, burnt-out medical professionals. Nearly half (46%) of health workers reported often feeling burned out in 2022, up from 32% in 2018, and 44% of health workers intended to look for a new job in 2022, up from 33% in 2018.¹

However, there is a way forward. The promise of a streamlined health system implementing best practices and value-based care is within our grasp, and AMGA Foundation is uniquely poised to drive change and meet the needs of patients heading into the future.

The cost of and access to the healthcare system, primary care physicians, and preventative health services are even more daunting for various racial and ethnic groups. People of color face higher rates of diabetes, obesity, stroke, heart disease, and cancer than do Whites.

According to the Centers for Disease Control and Prevention, 60% of adults in the U.S. have a chronic disease, and 40% have two or more chronic diseases. Patients with chronic and mental health conditions account for 90% of the total \$4.1 trillion in annual healthcare costs.

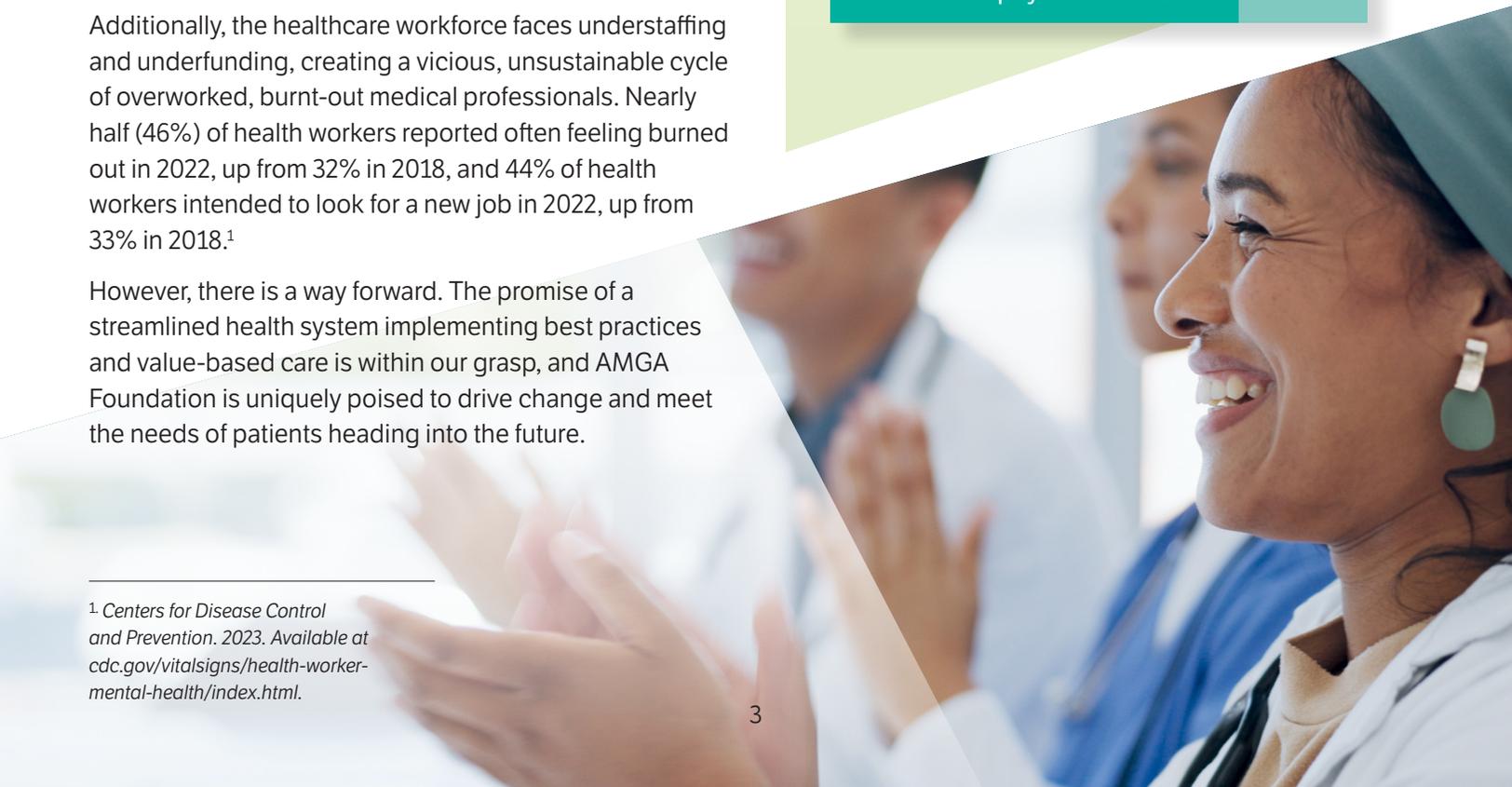
The solution is early detection and streamlined treatment of chronic conditions such as high blood pressure, heart disease, diabetes, stroke, and chronic kidney disease. These conditions alone account for:

91% of prescriptions filled

81% of hospital admissions

76% of all physician visits

¹ Centers for Disease Control and Prevention. 2023. Available at [cdc.gov/vitalsigns/health-worker-mental-health/index.html](https://www.cdc.gov/vitalsigns/health-worker-mental-health/index.html).



AMGA Foundation: Higher Quality, Cost-Effective Care Winning the Battle Against Chronic Disease

Since our founding, AMGA Foundation’s forward-thinking programs have changed millions of lives. Our high blood pressure detection and control effort has placed 540,000 Americans on the path to better health; our type 2 diabetes care has impacted more than one million patients; and nearly 17 million vaccinations have been documented or administered to patients receiving care from our member groups.

The Foundation prides itself on providing benchmarking, standardization, cost-effective care, best practices, and improved outcomes for our members to ensure our groups receive what they need to optimize healthcare.

AMGA Foundation listens to AMGA members on the front lines to tailor our programs and initiatives to address today’s biggest problems in healthcare. Fostering collaboration is essential to the work of AMGA Foundation. We have hosted 27 quality health initiatives involving 160 AMGA members, representing more than 350 physicians and 3 National Health Campaigns working with nearly 400 members, engaging more than 200,000 physicians across the country, improving care for more than 40 million patients. Our collaboratives,

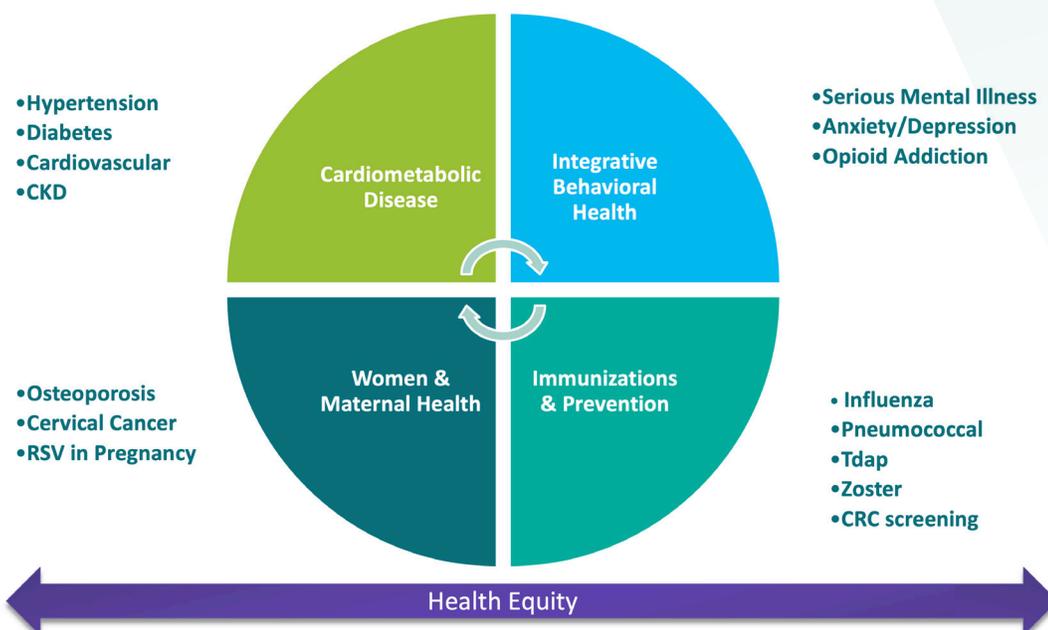
Quality and Innovation Collectives (QulCs), National Health Campaigns, and focus groups are dynamic and nimble to ensure that groups and industry partners are receiving in real time what matters most.

“One of my favorite things to do is baking, and when I think about AMGA, I can relate it to baking a cake. If I put in all the ingredients that are important for me and my group to operate efficiently and effectively to improve healthcare—including education, networking, collaborating, data measurement—it would come out as AMGA. Since I’ve been involved in AMGA, I’ve been repeatedly shown how AMGA Foundation’s vision is perfectly aligned with where I think the future of healthcare should be going.”

Elisabeth M. Stambaugh, MD, MMM

Chief Medical Officer, Wake Forest Health Network, Atrium Health Wake Forest Baptist, and AMGA Board Member

AMGA Foundation Strategic Priorities



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AMGA Foundation strives to:

Advance Best Practices through Chronic Disease Collaboration

Our Best Practices Learning Collaboratives unite some of the highest performing groups in the country to develop evidence-based best practice solutions for managing chronic conditions, treating preventable illnesses, and improving organizational performance. Our collaboratives are designed to work with an intimate cohort of 10–20 groups and last for 12–30 months. We host in-person and online meetings, incorporate benchmarking, data analysis, and an innovative exchange of ideas to create the tools and resources to help organizations improve clinical and economic outcomes and achieve key metrics. These communities of knowledge accelerate systematic change and catalyze lasting breakthroughs in patient care and service.

Here are a few of the Best Practices Learning Collaboratives our members have engaged in:

ASCVD Best Practices Learning Collaborative

A 15-month initiative focused on helping medical groups develop strategies to improve the management and treatment of patients with established atherosclerotic cardiovascular disease (ASCVD).

Osteoporosis Best Practices Learning Collaborative 2.0

A 12-month initiative focused on helping organizations develop strategies to reduce fracture rates among female patients with osteoporosis.

RIZE Pneumococcal Vaccination Best Practices Learning Collaborative

A 12-month initiative focused on helping medical groups develop and implement strategies to vaccinate high-risk adults age 19–64 with underlying medical conditions based on the 2022 Advisory Committee on Immunization Practices (ACIP) pneumococcal vaccine guidelines in primary care and specialty clinical settings.

Colorectal Cancer Screening Best Practices Learning Collaborative

Twenty participating organizations are working to develop and implement strategies to increase colorectal cancer (CRC) screening rates among all average risk patients age 45–75 in multispecialty groups and integrated delivery systems.



“The collaboratives have allowed us to break out of the silos of ambulatory care. There are not a lot of measures out there designed for ambulatory care, which means there is a lack of opportunity for benchmarking. The collaboratives have allowed us to benchmark with a multitude of different organizations and these organizations have a multitude of different ways of tackling the same problems that we are tackling on a daily basis. It is truly a collaborative. We are passing on what works for us, and they are passing on what works for them. They are telling us what didn’t work, and we are comparing challenges when it comes to providing quality care. We do this in a group session, where we collaborate to come up with innovative initiatives that can help on a broad spectrum.”

Leon Jerrels, MHA, MBA, RN, CPHQ

Director, Quality Improvement, Kelsey-Seybold Clinic, and AMGA Foundation Board Member

Quality and Innovation Collective

The Quality and Innovation Collective (QuIC) is a three-phased program that brings members together to tackle the most challenging issues that affect their organizations and the populations they serve. Building on the successful Best Practices Learning Collaborative model, the QuIC combines discussion sessions and interactive learning in a shortened time span.

The QuIC utilizes quality improvement tools and qualitative methodology to prompt thoughtful discussions, collect insights, share best practices, and create opportunities that contribute to the development of chronic disease management and performance improvement initiatives.

QuiCs include:

- CRC Screening Quality and Innovation Collective
- Health Equity Quality and Innovation Collective
- Maternal Respiratory Syncytial Virus (RSV) Vaccine Preparedness Quality and Innovation Collective

National Health Campaigns

Our National Health Campaigns build on the successes that emerged from our Best Practices Learning Collaboratives and mobilize AMGA members to improve the quality of care they deliver to their patients.

Rise to Immunize®

Rise to Immunize (RIZE) is AMGA Foundation's third national campaign and aims to empower AMGA medical groups and health systems to collectively administer 30 million vaccines by 2027. This initiative focuses on increasing rates of critical immunizations—pneumococcal, influenza, Td/Tdap, zoster, RSV, COVID-19, and hepatitis B—among the adult population to decrease vaccine-preventable disease and death. In May 2023, the National Adult and Influenza Immunization Summit recognized AMGA's RIZE campaign as the National Winner of their 2023 "Influenza Season" Immunization Champion Award.



Chronic Care Roundtable

The Chronic Care Roundtable (CCR) is a highly interactive roundtable that meets twice a year. CCR provides an opportunity for industry partners and healthcare leaders to collaborate to address the most pressing issues that providers, medical groups, and health systems face when delivering care to patients with chronic and preventable diseases.

“I’ve been engaged in the Foundation’s population health initiatives for over a decade. It’s my go-to source for expertise, tactics, and best practices, all of which help my team and me provide the best care possible.”

Stephanie Copeland, MD, MBA, CPHQ, CPXP

*Regional Medical Director – Quality & Risk Adjustment, WellMed North Texas
National Medical Director – Quality Performance Management/Optum Clinical Performance, and AMGA Foundation Board Member*

Focus Groups

AMGA Foundation provides the opportunity to host a focus group that engages AMGA member clinical experts and leaders in an exclusive meaningful discussion on a chronic condition or population health topic of your choosing.

Acclaim Award

The Acclaim Award is AMGA's most prestigious quality award presented to the nation's premier high-performing healthcare delivery organization during the Annual Conference's opening session. The award recognizes AMGA members that are improving patient experience of care, improving health of populations with a focus on quality outcomes, reducing the per capita cost of healthcare, and fostering health equity.

Leverage Data Analytics and Benchmarking for Best Outcomes

Data analysis and benchmarking are an integral part of our Best Practices Learning Collaboratives and National Health Campaigns. Robust data analysis and comparative benchmarking assist in improving population health and identify high-risk patients. Key components of our initiatives include:

- Analyze and track data from AMGA members to close care gaps and create new care models
- Innovate care delivery processes, evaluate interventions, and promote rapid improvement in health outcomes
- Utilize comparative benchmarking to discover opportunities

AMGA Foundation and You: Partnering Together to Impact Healthcare

Participate in a Foundation Program

AMGA Foundation is catalyzing innovative approaches, connecting AMGA members in sharing population health best practices, and collaborating to deliver the best care possible.

We invite you to consider partnering with AMGA Foundation to envision the future of healthcare and help us achieve excellent health outcomes for millions of patients, optimize systems and groups, and institute best practices and standardization of care.

Our initiatives, programs, and health campaigns have the power to catalyze transformation in healthcare. With your participation in the following opportunities, we can create and implement solutions that will address our pressing healthcare issues. We ask you to consider:

- Participating in a focus group
- Joining a Best Practices Learning Collaborative
- Enrolling in Rise to Immunize, our National Health Campaign
- Attending the Chronic Care Roundtable
- Applying for the Acclaim Award
- Engaging in a Quality Innovation Collective

To learn more about these important opportunities and be a part of the healthcare solution, please contact us at philanthropy@amga.org.

AMGA Foundation is excited to announce our newest way to volunteer to make a difference: becoming a Foundation Ambassador.

The Foundation is asking members to consider becoming a Foundation Ambassador to build awareness of Foundation initiatives in groups across the country. AMGA Foundation will convene Ambassadors in quarterly meetings and provide an orientation opportunity to share a toolkit and messaging. Ambassadors will also have the chance to network with other members, gain a greater insight into the work of the Foundation, and advance their own opportunities with the Foundation and AMGA.

Make Your Gift to AMGA Foundation and Make an Impact on Healthcare Today

Your gift to AMGA Foundation impacts millions of lives, shapes Foundation priorities, and allows us to collectively achieve higher quality, improved patient experiences, lower costs, and more satisfied clinicians.

Your member dues go a long way to support the work of AMGA, but did you know that AMGA Foundation's programs and initiatives are solely funded by the philanthropic support of our groups, individual members, and corporate partners? Without their generosity, the Foundation would not be successful in transforming healthcare today and achieving our vision of improving patient care.

amga.org/donate



“As a physician leader, I have been engaged with many AMGA Foundation population health initiatives, and there’s no better organization to help us mobilize clinical teams toward patient engagement in managing chronic conditions and improving health outcomes for the population. Better blood pressure control; improved diabetes prevention, detection, and management; healthier hearts; and increased vaccinations are just some of the improvements our patients are experiencing because of our work with AMGA Foundation.”

Parag Agnihotri, MD

Chief Medical Officer, Population Health Services, UC San Diego Health, and AMGA Foundation Board Member



Mission

AMGA Foundation enables medical groups and other organized systems of care to consistently improve health and healthcare.

Vision

AMGA Foundation serves as a catalyst, connector, and collaborator for translating the evidence of what works best in improving health and healthcare in everyday practice.

To join your peers in support of AMGA Foundation, please contact:

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