

## Adults 65 or older or 19 or older with certain chronic conditions are at increased risk.

Pneumococcal pneumonia is not a cold or flu. It's an infectious, potentially serious, bacterial lung disease. It can strike anywhere, anytime and can spread through coughing or close contact.

- Symptoms may hit quickly and without warning. Some symptoms may last for weeks
- It could land you in the hospital or even be life threatening
- Vaccination may help protect you

Ask your doctor or pharmacist if vaccination is right for you.

## The CDC recommends vaccination for adults who are...

- 19 or older with certain chronic conditions, like asthma, diabetes, or chronic heart disease
- 65 or older-even if they're healthy

## Pneumococcal pneumonia symptoms may include:



High fever, up to 105°F



Excessive sweating



Shaking chills



Chest pain



Difficulty breathing



Cough with phlegm that persists or gets worse

Talk to your doctor or pharmacist about helping to protect yourself from pneumococcal pneumonia.

Learn more at KnowPneumonia.com

