

From: AMGA <amga@amga.org>
Sent: Tuesday, August 22, 2023 4:14 PM
To: Christian Sacdalan
Subject: DE&I Digest - June Edition



June 2021 Edition

June is Pride Month – an opportunity for us to celebrate and recognize the influence and contributions of the LGBTQIA+ community around the world. The first Pride Month was celebrated in June 1970, a year after the Stonewall riots in New York City. Years of regular harassment and discrimination on the gay and lesbian community, the Stonewall Inn raid in 1969 was the tipping point for hundreds of people who decided to fight back through protests and rioting.



Global and national events, including peaceful protests, parades, and concerts, are just some of the ways many individuals are raising political awareness and promoting the [history of Pride](#).

It is important for us, as a healthcare organization, to understand the challenges the LGBTQIA+ community continues to face around bias, stigma, and health disparities. Lack of trust in healthcare providers, access to care, and higher burdens of depression, cancer, and HIV/AIDS are just some of the major health concerns regarding these individuals. Furthermore, discrimination, harassment, and negative experiences within the healthcare system might have an impact on the LGBTQIA+ community seeking appropriate care. Many report being denied needed health care. Although there have been positive strides in securing legal rights over the years, the [National Institute on Minority Health and Health Disparities](#) (NIMHD) reports “these are all major barriers

to the health and well-being of LGBTQ+ individuals.” As we continue to work with our members to reduce health disparities and improve health equity, we need to remember this work is inclusive of all people and how important it is to spread the message that we must provide appropriate and accessible care to all patients and their families, regardless of their sexual orientation or identity.

June is also [National Men’s Health Month](#). It aims to encourage boys and men to take charge of their overall health by implementing healthy living decisions. This year, as the country has been impacted by the COVID-19 pandemic, it is crucial that men get regular check-ups and be aware of the risks for their age, ethnicity, and lifestyle. According to the Centers for Disease Control and Prevention, 14.9% of men aged 18 and over are in fair or poor health. During Men’s Health Month, men are urged to take steps to enrich their health and wellness through proper screenings and care.



DE&I Committee June Picks:

- [News](#): LGBTQ+ Mental Health and job loss during the Pandemic
- [Link](#): Gay and Bisexual Men’s Health - Mental Health
- [Link](#): The Trevor Project
- [TV](#): Pride docuseries for the LGBTQ Community through decades
- [Link](#): Men’s Health Resource Center
- [Link](#): Medline Plus Men’s Health Information
- [Link](#): Minority Men’s Health Resources

Staff Submissions:

- [Link](#): Your Journey – National Alliance on Mental Illness
- [Link](#): LGBTQ+ Communities and Mental Health



Did You Know?

The Emancipation Proclamation and the Thirteenth Amendment to the U.S. Constitution officially ended slavery throughout the United States, granting all Americans the right to life, liberty, and the pursuit of happiness. Unfortunately, not everyone would immediately be free. Although the Emancipation Proclamation was made effective in 1863, it would not be honored until much later in states that were part of the Confederacy. For instance, the westernmost Confederate state of Texas continued to enslave people for years. Freedom from slavery finally came on June 19, 1865, when 2,000 Union troops arrived in Galveston Bay, Texas, to take control of the state. The army announced that the more than 250,000 enslaved black people in the state were free by executive decree. This day came to be known as "**Juneteenth**" (short for June Nineteenth) by the newly freed people in Texas. Juneteenth marks our country’s second Independence Day. In 1979, Texas became the first state to make

- [Link](#): John's Hopkins LGBTQ+ Infographic
- [Link](#): Minority Men's Health
- [Link](#): Men's Health - Suicide
- [Link](#): Things to Do for Men's Health Month

Juneteenth an official holiday. Today, 47 states recognize Juneteenth as a state holiday; however, efforts to make it a national holiday have so far stalled in Congress.

[Learn More](#)

Do you have a resource you want to see in the next edition of the *DE&I Digest*? Next month, we will be recognizing **Independence Day** and the **History of Alexandria**! Send resources to DEICommittee@amga.org for review by the DE&I Committee. Please ensure resources submitted are from reputable sources.

Something to Celebrate!

- [HHS Prohibits Discrimination Based on Sexual Orientation or Gender Identity](#)
- [10 Ways to Celebrate Pride Month](#)
- [Wear Blue Day: Men's Health Month](#)

Questions? Comments? Suggestions? We'd love to hear from you! Email the DE&I Committee at DEICommittee@amga.org. To see previous editions of the *DE&I Digest*, click [here](#).

AMGA
One Prince Street
Alexandria, VA 22314
Phone: 703.838.0033 | Fax: 703.548.1890
[Visit our website](#)

If you no longer wish to receive this email, please [unsubscribe here](#).