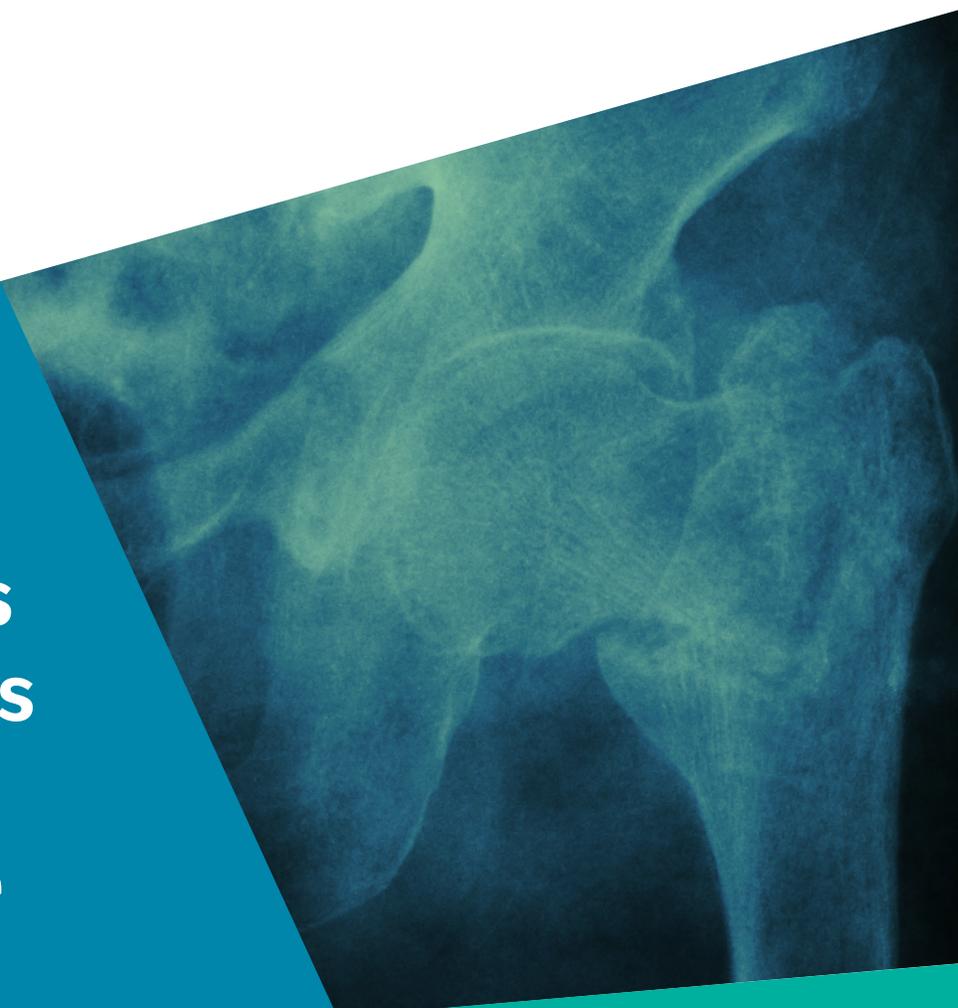




AMGA[™]

Advancing High Performance Health

AMGA Foundation



**Osteoporosis
Best Practices
Learning
Collaborative**

Call for Participation

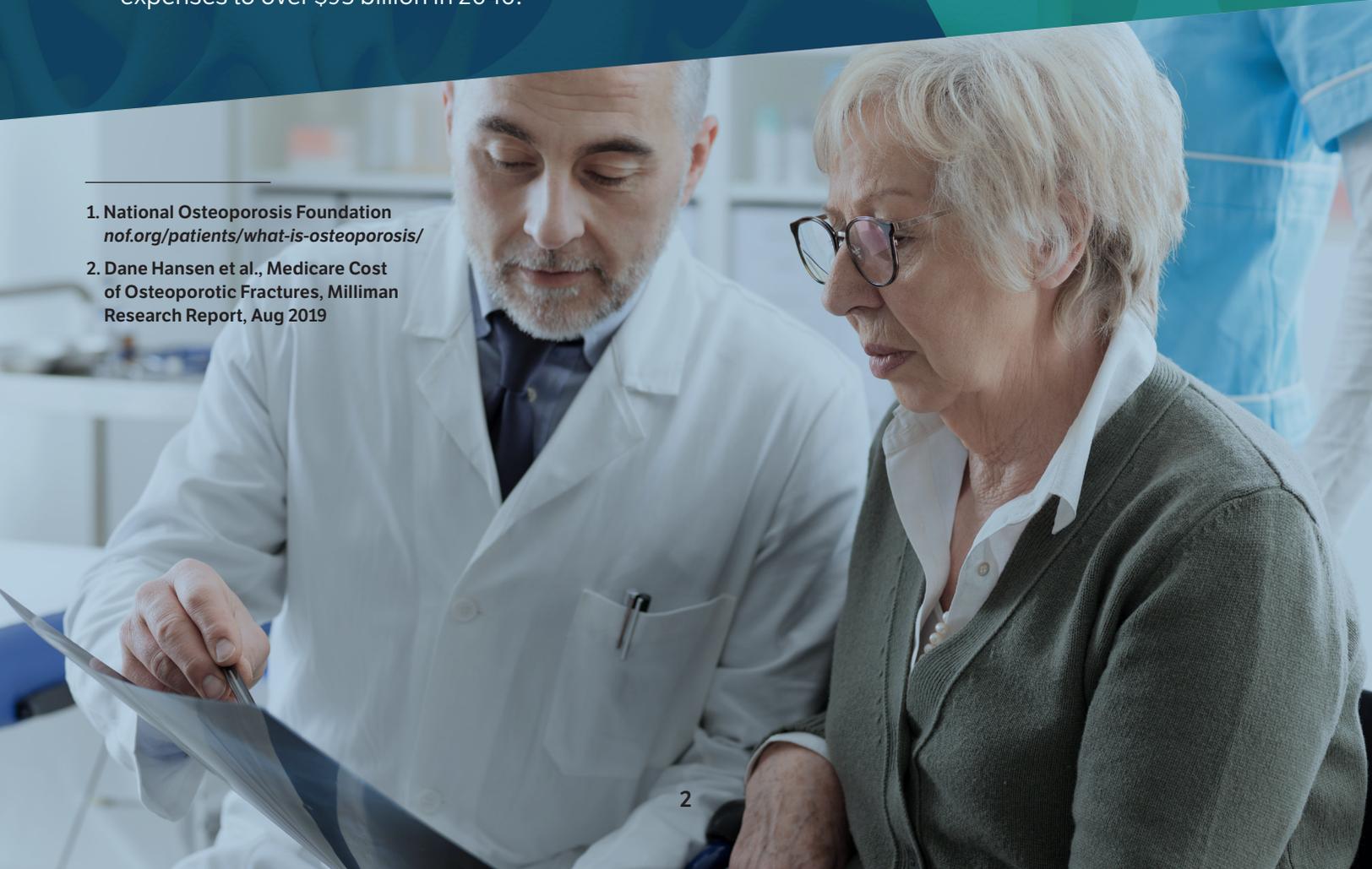
The AMGA Foundation is pleased to announce a *Call for Participation* for AMGA members to participate in a best practices learning collaborative focused on the evaluation, management, and medical treatment of patients with osteoporosis.

What We Already Know¹

- Osteoporosis is a chronic disease that can be managed and treated but it is not properly diagnosed.
- Close to 54 million Americans have osteoporosis or low bone mass, putting them at increased risk of fractures.
- Bone fractures related to osteoporosis are responsible for more hospitalizations than heart attacks, strokes, and breast cancer combined.
- Osteoporosis may have a devastating impact on patients and their families. Individuals may suffer immobility and the loss of independence, which often leads to feelings of isolation or depression. Many patients also require long-term nursing home care.
- Approximately, one in two women and up to one in four men age 50 and older will break a bone due to osteoporosis.
- The total annual expense of care for all osteoporosis-related fractures, which included both direct medical costs and indirect costs, was \$57 billion in 2018. The total cost of fracture care is expected to grow significantly over time due to the aging of the U.S. population, an increase in total osteoporosis-related expenses to over \$95 billion in 2040.²

1. National Osteoporosis Foundation
[nof.org/patients/what-is-osteoporosis/](https://www.nof.org/patients/what-is-osteoporosis/)

2. Dane Hansen et al., Medicare Cost of Osteoporotic Fractures, Milliman Research Report, Aug 2019





Apply to Participate

Through the Collaborative, organizations that want to be on the leading edge have the opportunity to team with other high-performing, best practice organizations in a national forum and implement care redesign to help your journey toward value-based care. Together, they will improve assessment, timely diagnosis, evaluation, and clinical practice treatments at their organizations.

Collaborative Goal

The goal of the Collaborative is to develop and implement clinical practice guideline-informed strategies and interventions to improve patient-centered assessment of fracture risks, evaluation of secondary causes, education, testing, diagnosis, and treatment in patients with osteoporosis to reduce the risk of fracture. The Collaborative will follow current clinical practice guidelines for the diagnosis and treatment of osteoporosis. Potential key programmatic components that participants will be asked to consider may include:

- Population health management
- Provider and staff education
- Patient education, engagement, and empowerment
- Use of EHR portal and electronic tools for patient engagement
- Care management protocols, including staffing levels and key skills required
- Consideration of comorbid conditions, patient preference, and integration with team-based clinical care
- Primary and secondary prevention
- Disease management
- Quality and process measurements and benchmarking
- Clinical practice guideline-informed interventions
- Best practices for fracture prevention
- Treatment rates
- Telemedicine
- Workflow patterns
- Total cost of care
- Shared decision making

Benefits of Participation

- \$10,000 to support initiatives for each participating organization. Travel and hotel expenses will be reimbursed separately.
- Benchmarking data and reports that can be shared within your organization. Reports will highlight your organization's progress throughout the collaborative and provide insights from the data on best practices.
- Improve value through better patient care and outcomes (quality and value).
- Incorporate quality improvement techniques, best practices, operational tips and tools, and resources from other leading medical groups and health systems to improve care for patients with osteoporosis.
- Opportunity to present data as posters or podium presentations at AMGA's and other national conferences.
- Public recognition of participation (announcements made at AMGA conferences, on AMGA website, press releases, etc.).
- Become a part of a high-performing Collaborative that focuses on the way organizations provide care in order to achieve the Quadruple Aim and the AMGA High-Performing Health System™ attributes.
- Opportunity to apply for national awards.
- Implement care redesign to help your journey toward value-based care.
- Expert coaching and support for your initiative.





Considerations before Applying

- Your organization must be a current member of AMGA and must sustain their membership throughout the collaborative
 - One Tax I.D. per group (per AMGA membership status)
- Potential members of AMGA are encouraged to contact Jessica Prior at jprior@amga.org for more information
- Medical groups, IPAs, academic practices, and integrated delivery systems that wish to optimize the management of patients with osteoporosis are encouraged to submit an application.

How Does the Collaborative Work?

Participating organizations will regularly network with peers and share best practices through:

- Two in-person or virtual meetings
- Monthly webinars
- Online resources—a dedicated web portal for collaborative participant material sharing and a listserv for idea sharing and collaboration
- Consultation in the field from the AMGA Foundation
- Regular data reporting and quality improvement documentation submission
- At the end of the 12-month Collaborative, AMGA Foundation will work with each participating organization to develop individual Best Practices Infographic summaries of their programs for publication.

Criteria for Participation

Whether your organization is interested in implementation across your entire patient population or a targeted group of the population with the intent to spread during the Collaborative, we welcome your participation.

Participating organizations must sign an agreement outlining the Collaborative expectations below for the duration of the project:

- **Create an implementation team**
 - Must include an employed or clinically integrated affiliated as an identified team lead/champion with dedication to this project and an interest in osteoporosis
 - Suggested team members: physician champion, advanced practice clinicians, nurses, pharmacists, social worker, care manager, quality improvement specialists, data/IT analyst, revenue services manager, physical therapy, etc.
 - One designated team member to lead quality improvement efforts
 - Four team members are encouraged to participate in all Collaborative activities, a minimum of two team members are required to attend the two in-person or virtual meetings
 - Patient participation as a team member is strongly encouraged
- **Must have commitment of expected resources**
 - Obtain high-level organizational leadership buy-in and sign-off on project and anticipated or budgeted resources
 - Obtain IT/data resources
- **Must have process for workflow standardization and documentation**
- **Submit every other month quality improvement documentation. Documentation includes:**
 - PDSA cycles
 - Action plan (update every other month)
 - Additional documentation to support QI efforts
- **Host AMGA Foundation for onsite or virtual visits (if identified for visit)**
- **Participate in monthly webinars and two in-person or virtual meetings**
- **Work with AMGA Foundation in developing individual best practices infographic summaries**
- **Ability to report on required measures including baseline**
- **Report quarterly on measures developed during the beginning of the Collaborative. Quality performance measures may include:**
 - Rates of DXA testing among women ≥ 65 and men ≥ 70
 - Rates of diagnosis in women and men ≥ 50 who meet diagnosis criteria via fracture, t-score, or FRAX score
 - Rates of treatment in women and men ≥ 50 who have a diagnosis of osteoporosis
 - Rates of treatment in women and men ≥ 50 who had a fracture (at age 50 or later)

Measures descriptions are available at amga.org/osteoporosis.

Measurement specifications are provided to ensure consistent reporting across all participating groups.

Draft specifications will be available in November 2020 and can be found at amga.org/osteoporosis.

Evaluation Criteria

Applications will be evaluated with respect to:

1. Committed Resources

- Ability to dedicate people and financial resources to support the project
- Ability to create and maintain quality improvement documents
- IT plan to submit data on the specific measures and the ability to identify targeted populations
- A multidisciplinary team

2. Potential Impact

- Number of patients impacted
- Focus on innovation and quality improvement
- Feasibility and scalability

3. Sustainability Intent

- Organizational commitment to sustain progress beyond funding period
- Tracking and performance to monitoring to ensure ongoing effectiveness

Project Application and Onboarding Timeline

Date	Activities
October 9, 2020	Call for Participation in Collaborative
November 2020	Draft measure specifications available at amga.org/osteoporosis
December 18, 2020	Applications due to AMGA Foundation
January 22, 2021	Osteoporosis Collaborative applicants notified
February 15-March 12, 2021	Getting Started checklist calls with AMGA Foundation and quality improvement activities begin
March 15-19, 2021	Osteoporosis Collaborative data and orientation webinar
April 27, 2021	First monthly Collaborative webinar
April 26-30, 2021	Baseline data and first quality improvement documentation submission due
May 2021	Osteoporosis Collaborative Virtual Meeting

Instructions for Preparing Your Application

1. Complete the **Osteoporosis Collaborative Application Template** and **Cover Sheet** provided on amga.org/osteoporosis. Please provide no more than four pages, single-spaced. (Font Specifications: Calibri or Arial, 11 point)
 - Include an organizational profile that gives the Osteoporosis Collaborative Advisory Committee an understanding of the size and scope of your organization without revealing your organization.
 - Provide answers for each of the six sections.
2. Applications will be evaluated in a blinded review process. Remove all patient, provider, and organization identifiers from the application except for the cover sheet with the contact information.
 - Refer to people by title (not name).
 - Refer to your organization using words like “medical group” or “organization” (recommend using the Word search and replace function to make sure your organization name and acronym do not appear in the document).
 - If you need to reference your city or state, use words like “city,” “area,” “region,” or “state” instead of the actual name.
3. Complete the provided cover sheet template and include:
 - Organization name
 - Project title
 - Primary Contact Information (name, title, email, phone, address)
 - Information Technology Contact Information (name, title, email, phone, address)
 - Quality Improvement Contact Information (name, title, email, phone, address)
 - Sponsor signature (CEO, medical director, department head) and contact information (name, title, email, phone, address)
4. Provide supporting information:
 - You are welcome to cite and label the supporting documents in an appendix. It is highly preferred that supporting documents are clearly labeled as “Appendix 1,” “Appendix 2,” etc. (Note: Remove all patient, provider, clinic identifiers, and logos) **Maximum five pages**
5. Submit one electronic copy of the application to osteoporosiscollab@amga.org by close of business (5:30 p.m. PT), December 18, 2020.

Questions or Comments?

If you have questions or need further information, contact Senait Temesgen at stemesgen@amga.org or by phone at 703.838.0033 ext. 340 or visit our website at amga.org/osteoporosis.

The Osteoporosis Best Practices Learning Collaborative Advisory Committee

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*Director, New Mexico Clinical Research & Osteoporosis Center
Director, Bone Health TeleECHO, UNM Health Sciences Center*

Michele McDermott, M.D.

*US Asset Lead Medical Lead - Bone
AMGEN*

Eric Newman, M.D.

*Director of Quality & Innovation, Medicine Institute
Associate, Department of Rheumatology
Geisinger Health System*

Phil Oravetz, M.D., M.P.H., M.B.A.

*Chief Population Health Officer
Ochsner Health System*

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*Associate Clinical Professor
Weill-Cornell Medical College – Houston Methodist Hospital
Division Head, Endocrinology & Chief of Endocrinology
Houston Methodist Hospital*

Andrea Singer, M.D.

*Chief Medical Officer, National Osteoporosis Foundation
Chief, Women's Primary Care and Director, Bone Densitometry and Fracture Liaison Service MedStar Georgetown University Hospital*

S.B. Tanner IV, M.D., CCD

*Director of Osteoporosis Clinic,
Assistant Professor of Medicine, Divisions of Rheumatology, Allergy & Immunology
Co-founder Vanderbilt Asthma Sinus Allergy Program
Vanderbilt Health*

Shari VanStraten, APNP, FNP-C

*Nurse Practitioner
Prevea Health*

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Osteoporosis Learning Collaborative, presented by
AMGA Foundation in collaboration with Amgen



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