

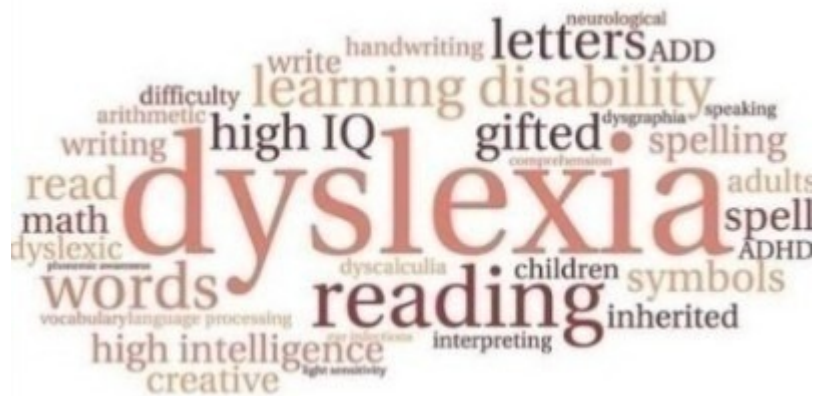
From: AMGA <amga@amga.org>
Sent: Wednesday, August 23, 2023 10:01 AM
To: Christian Sacdalan
Subject: DE&I Digest - September 2022 Edition



October 2022 Edition

Dyslexia Awareness Month

October is Dyslexia Awareness Month. Dyslexia is a neurological condition where the brain is essentially wired in a different way. The problems associated with dyslexia are language-based, not visual and not related to cognitive skills or intelligence.



Overall, dyslexia is characterized by difficulties with accurate and/or fluent word recognition and by poor spelling and decoding abilities. Dyslexia refers to a cluster of symptoms that results in people having difficulties with specific language skills, particularly reading. People with dyslexia often experience difficulties with both oral and written language skills.



October is Breast Cancer Awareness Month. For almost 40 years, the U.S. has designated October as a time to focus on educating everyone about breast cancer and the importance of early detection and access to timely, high-quality care.



The Facts:

1 in 8 women will be diagnosed with breast cancer in her lifetime. That's one person every 2 minutes in the U.S.

In 2022, it is estimated that nearly 44,000 people in the U.S. will die from breast cancer.

The two most common risk factors of breast cancer are being born female and getting older.

Our colleague, Randi Joppy, has graciously shared her personal journey with breast cancer. Click [here](#) to read her story.

Polish American Heritage Month

October is Polish American Heritage Month, a national celebration of Polish history, culture, and pride! In October, we commemorate the first Polish settler, as well as the deaths of General Kazimierz Pulaski and Tadeusz Kosciuszko (military leaders who fought in the American Revolution).

The DE&I Committee interviewed a few of your colleagues about what it means to them to be part of the Polish American community. Learn More. View [here](#).

Meet the DE&I Community

Over the next several months, you will have the opportunity to meet the members of the DE&I Committee and learn why participating is important to them. For October, meet John Kennedy. View [here](#).

Resources of the Month

Dyslexia Awareness Month

[Website:](#) National Institute of Neurological Disorders and Stroke

[Website:](#) The Yale Center for Dyslexia & Creativity

[Website:](#) International Dyslexia Association

Breast Cancer Awareness Month

[Website:](#) Center for Disease Control and Prevention: Breast Cancer Awareness

[Website:](#) National Breast Cancer Foundation, Inc.: Breast Cancer Awareness Month

[Website:](#) Susan G. Komen: Breast Cancer Awareness Month

[Blog:](#) Black Women and Breast Cancer: Why Disparities Persist and How to End Them

Do you have a resource you want to see in the next edition of the *DE&I Digest*? Next month, we will be celebrating **National Native American Heritage Month, Veterans Day, and National Diabetes Month!** Send resources to DEICommittee@amga.org for review by the DE&I Committee. Please ensure resources submitted are from reputable sources.

Raise Your Cultural IQ!

Did You Know?

It is National Disability Employment Awareness Month (NDEAM). This is celebrated each October to recognize people with disabilities who are employed and focus on why employment should be an essential part of the lives of people with disabilities. One of the goals of the month is the recognize ableism, which refers not just to the discrimination experienced by people with disabilities, but also to the reinforcement of past and current practices and constructs that were created by and for individuals perceived as “typically” abled.

Questions? Comments? Suggestions? We'd love to hear from you! Email the DE&I Committee at DEICommittee@amga.org

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