## Prepare for an Unpredictable Flu Season

# OFFER VACCINATION EARLY AND THROUGHOUT THE SEASON FOR ELIGIBLE PATIENTS

Seasonal flu continues to put a significant burden on communities and healthcare systems.<sup>1</sup> Your patients aged 65+, children younger than 2 years, and those with certain chronic conditions are particularly vulnerable during flu season.<sup>2</sup>

#### **UNDERSTAND** THE FULL IMPACT OF THE DEVASTATING 2024-2025 FLU SEASON

The 2024-2025 flu season was the first in 7 years to be classified as high severity across all age groups.<sup>3</sup>

The US experienced a **double-peak phenomenon** in flu activity during this flu season, as an initial surge in December and January was followed by a **second wave of flu infections** from February to March.<sup>3</sup>

Estimates from 2024-2025 CDC data show there were as many as1:



**82 million** flu-related illnesses



**1.3 million** hospitalizations



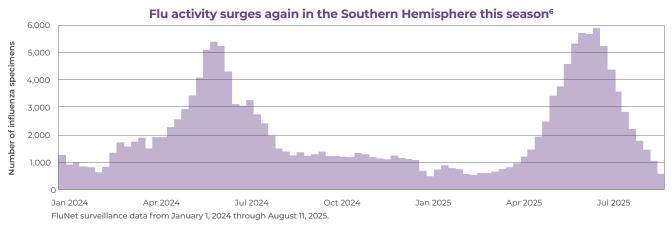
**130,000** deaths

95% of patients hospitalized due to flu last season had at least 1 chronic condition.4

Given the unpredictability and severity of last flu season, it is recommended that you **continue to vaccinate your patients through the spring.** 

#### TRACK SOUTHERN HEMISPHERE FLU ACTIVITY TO PREPARE FOR THIS SEASON

Southern Hemisphere flu activity can help inform the expected burden of the upcoming US flu season, although it is not necessarily predictive.<sup>5</sup>



2025 Southern Hemisphere peak flu activity surpassed last season's peak flu levels<sup>6</sup>

Vaccination rates have been declining year over year. 
See how your recommendation can help



## **Be Prepared and Stay Prepared**

### **HOW TO MAKE A DIFFERENCE THIS FLU SEASON**

Flu vaccine protection is especially important for adults 65 years and older, pregnant people, and those with certain comorbidities (asthma, cardiovascular disease, metabolic disease, etc).2

Influenza vaccination rates have been decreasing in the US.7 In fact, a 2024 survey from the National Foundation for Infectious Diseases found that almost half of eligible patients are not certain they will get a flu vaccine.8

#### **RECOMMEND** AND **OFFER** FLU VACCINATION FOR ELIGIBLE PATIENTS THROUGHOUT THE SEASON

According to a survey of 4000+ adults ≥18 years9\*:



**32**% received a flu vaccine after a visit to their HCP



~48% received a flu vaccine when recommended by their HCP



~67% received a flu vaccine when BOTH recommended and offered by their HCP

You can help improve vaccination rates by consistently recommending and offering flu vaccination for eligible patients throughout the season:



Make every patient encounter an opportunity to vaccinate



Ask about your patients' concerns and provide accurate information to correct any misinformation



Tailor your recommendations to each patient, outlining specific benefits based on their age, health status, and lifestyle

The flu season is unpredictable. HELP PROTECT YOUR ELIGIBLE PATIENTS BY RECOMMENDING VACCINATION INTO THE SPRING.

References: 1. Centers for Disease Control and Prevention. Preliminary estimated flu disease burden 2024-2025 flu season. May 9, 2025. Accessed July 23, 2025. https://www.cdc.gov/flu-burden/php/data-vis/2024-2025.html 2. Centers for Disease Control and Prevention. People at increased risk for flu complications. September 11, 2024. Accessed October 9, 2024. https://www.cdc.gov/flu/highrisk/index.htm 3. Centers for Disease Control and Prevention, Influenza Division. Severity, disease burden, and prevented burden for the 2024-2025 influenza season. https://www.cdc.gov/acip/downloads/slides-2025-06-25-26/03-dugan-influenza-508.pdf 4. Centers for Disease Control and Prevention. Selected underlying medical conditions: 2024-25 season. August 23, 2025. Accessed September 5, 2025. https://gis.cdc.gov/grasp/fluview FluHospChars.html #medicalConditionsColumnDiv 5. Centers for Disease Control and Prevention. Southern hemisphere flu season could provide clues on upcoming US flu season. Accessed September 17, 2024. https://www.cdc.gov/flu/whats-new/ 2024-2025-southern-hemisphere.html 6. World Health Organization. Influenza laboratory surveillance information. Accessed August 20, 2025.

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<sup>\*~29%</sup> did not visit a doctor during the vaccination.