

# IN-PATIENT CARE PROCESS

## HIGH RISK VIRAL OUTBREAK DISEASES

March 13, 2020



During high-risk viral disease outbreaks, **like COVID-19**, the illness can spread quickly. Proper care and cleaning can protect caregivers and patients and reduce the risks of a viral outbreak.

(See the latest Coronavirus updates on the Coronavirus website on Intermountain.net or contact your Facilities Infection Preventionist)

### 1. Patient Screening

- **Screen all hospital admitted patients** and document for travel to areas of concern, or exposure to others that are known or suspected of having the illness.
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### 2. General Care Tips for ALL Patients

- **A procedural mask worn** by all patients who present with a cough and fever prior to room placement.
  - **Vigilant Hand Hygiene** before and after all patient contact, after contact with potentially infectious material, and applying or removing Personal Protective Equipment, including gloves.
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### 3. Care for Clinically stable/non-ICU Patients with Suspected COVID-19

- **Droplet/Contact Isolation** in private room with door closed
  - Use Airborne/contact for all COVID-19 testing. (may be done in private room)
  - Airborne/contact isolation in negative pressure room (if available) for all aerosolizing procedures
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### 4. Care for Critically Ill/ICU patients

- **Airborne/Contact Isolation**
  - Use a Negative Pressure room. Once in negative pressure the patient does not need to wear a mask but should stay in the room. Avoid transportation to other areas. If transport is necessary, follow Isolation transportation guidelines.
  - Use the [Airborne Isolation Negative Pressure Room Documentation](#) and refer to [Negative Pressure Room Fact Sheet](#)
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### 5. All suspected COVID-19 Patients

**Mask those with the patient.** Urge them to NOT stay with the patient.

**Maintain a written log** of all those who enter patient's room or come in contact with the patient.

**History and exam** of the patient by the provider.

**Call the SCORE Hotline at 801-50-SCORE (801-507-2673) AND** your Infection Preventionist.

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### 6. Treatment Plan

- **Care will be guided by the Infectious Disease Doctor on-call and the Health Department**, including any need for further testing, care, or transfers. If the health department deems high risk viral care is not necessary, then reassess isolation needs with the Infectious Disease Doctor or the Infection Preventionist.

## 7. Cleaning - post discharge or transfer for suspected/confirmed cases

- Refer to the Coronavirus website on [Intermountain.net](http://Intermountain.net)